

SAMPLE ACTIVITY SCHEDULE:

HEREDIA	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12pm					Graduation Celebration	English & Brazilian Portuguese Classes: Activity participation & auditing available to foreign students
12.30pm	New Student Orientation	Travel Planning Meeting		Weekly Cultural-Historic Towns Tour (students pay public bus and lunch)	Weekend Tours (optional, extra cost)	
1pm	City Tour				Monthly San José Historic Museum Tour (students pay public bus and entry fees)	
1.30pm		Latin Dance Class	Latin Dance Class			
2.30pm		Conversation Exchange with Locals	Yoga			
3pm	Latin Dance Class			Latin Dance Class		
SÁMARA	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6.30am						Beach / Mountain Hike
9am		Beach Volleyball	Beach Volleyball			
11:30am					Graduation Celebration	
12pm	New Student Orientation	Travel Planning Meeting			Weekend Tours Depart (optional, extra cost)	
3pm	Town Tour		Latin Cooking Class	Latin Cooking Class		
5pm	Latin Dance Class	Zumba	Yoga	Latin Dance Class		